Why Rehab At Friendship?

**Quality Care**
- Award-winning physical, occupational and speech therapy available 7-days a week
- Individualized care plans to address each resident’s physical, cognitive, emotional and psychosocial needs
- Resident and caregiver education available during stay to continue recovery upon discharge
- Locally recognized medical directors on staff
- Skilled nursing care from our RNs, LPNs and CNAs available 24/7

**Technology and Research**
- Connected to Health Information Exchange and Electronic Medical Records for continuity of care from hospital to Friendship
- Active in evidence-based research projects with local hospitals and universities to improve healthcare outcomes

**Additional On-Site Services**
- End-of-life and respite services
- Laboratory and imaging services
- Two spacious therapy gyms
- Specialized Wound Care
- On-site registered dietician
- Social work services
- Dialysis center
- Respiratory therapy services available
- Pharmacy, gift shop and Café
- Hair salon
When you or your loved one’s recovery requires 24-hour nursing care and support care, Friendship Health’s services are here to deliver. The goal is to provide a personalized experience for each person.

Our compassionate care, comprehensive services and uplifting environment are widely recognized as among the finest in the area. In addition to around-the-clock nursing and personal care, residents enjoy stimulating social, recreational activities all in a comfortable home-like setting.

Staffed by our award-winning therapists and nurses, Friendship Health is devoted to creating an environment of enhancing quality of life, promoting independence, inspiring hope which lead to a faster recovery.

**Services at Rehab North**

**Transitional and Extended Stay Care:** For those unable to return to a prior level of function, our mission is to enhance our residents’ quality of life with uncompromising care from our highly-trained and friendly staff. We are devoted to creating an environment that promotes wellness as well as physical and social activity.

**Specialized Memory Care:** Designed with the safety, security, and support of our residents in mind, each plan of care is individualized to meet their needs. Programs are continuously being introduced for our residents based on the latest research related to dementia and Alzheimer’s disease. An example is our Wander Garden, which provides residents a sense of independence and an opportunity for physical exercise and mental stimulation.

**Specialized Orthopedic Care:** Rehab for joint replacement, fractures, post-surgical, trauma and degenerative joint disease.

**Specialized Neuro-muscular Care:** For those affected by neuro-muscular disorders, such as stroke/ cerebrovascular accident (CVA), transient ischemic attacks (TIAs), Multiple Sclerosis (MS), Guillain-Barre Syndrome, or Parkinson’s Disease. We provide comprehensive therapy designed to restore maximum functional performance and overall well-being.

**Physical Therapy:** Restores function for individuals who have experienced musculoskeletal or neurological dysfunction.
- Improve strength, balance, muscle function and range of motion
- Collaboration with your orthopedist on your therapy program before and after joint replacement surgery
- Training in mobility, gait, stability, posture, positioning and fall prevention
- Wellness education and home exercise programs

**Speech/Language Pathology:** Addresses difficulties with communication, swallowing, and cognitive deficits.
- Improve swallowing to decrease choking risk
- Verbal and non-verbal communication skills including stroke rehab
- Dementia Level Staging
- VitalStim™ therapy to reduce choking and aspiration risk

**Occupational Therapy:** Restores and maintains the functionality of daily living, independence and safety.
- Education and training in bathing, grooming dressing and meal preparation
- Adaptive techniques for continued independence in your home
- Energy conservation/work simplification techniques
- Strengthening and coordination exercises
- Hand therapy and exercises to reduce the effects of arthritis or other conditions related to joint movement
- Home modification assessments

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Believe in living better.™